



## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Lisa Haakman

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

## **TIME** 03:50:28

**PACE** 05:28/km **OVERALL** 77 of 834

08 July 2023, Sat

outLime

**GENDER** 15 of 271

40+ 2 of 86

Date